





Mon

Sun

Tue



Thu

Fri



Sat

## Schedule of Events

- Dec. 2. BP Clinic and Ask A Nurse with Joanne Grindle. 10:30-1130 AM. Thank you Joanne, from all of us!
- Dec 12 Ice Cream Social, after lunch. Hosted by Webster Manor Lanessa., Thank You for bringing us yummy sundaes every month. We Love you!
- Dec 12 @ 12:30-1:30PM Enjoy the Holidays and Enjoy Your Health! Join Healthy Living Coordinator, Dawn Berthelette, from Tri Valley Inc, for an hour of tips and tricks designed to help you balance healthy and tasty this holiday season! Please RSVP to Margaret.
- Dec. 15 4PM-6PM Common Ground Memory Café FREE! Featuring Bruce Joy and Dan Belanger Duo on Banjo and Guitar. Sing along to some great Christmas Carols and more! Memory impaired and caregivers, friends welcome. Sponsored by MCOA.
- Dec 16 @ Noon Senior Center Christmas Party. Festive Catered lunch and Entertainment by Mik's Magic Moments. Tickets are 10.00 pp.. Available now! Please bring a gift card for \$5.00 or up, (if you are able), which we will donate to Salvation Army this year! Thank you for helping others have a brighter Christmas..
- Thankful for ALL who have Volunteered their time and talents in any capacity this year. We are truly Blessed!

				1 Town of Dudley's Holiday Party	2 BP Clinic 10:30-11:30	3
4	5	6 Feast of Saint Nicholas	7	8	9	10
11	12 Ice Cream Social/ Enjoy your Holi- days/Health	13	14	15 Memory Café 4-6PM FREE	16 Christmas Party 12n Tickets \$10.00	17
18	19	20	21	22	23	24 Christmas Eve & Hanukkah
25 Merry Christmas!	Peace on Earth	27	28	29	30	31 New Years Eve

Wed



**Dudley Senior Center,** Margaret Bussiere, Coordinator, Hours M & F 10a-3p

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MCOA